

Wellstar
Health Place

Wellstar Highland
Athletic Club

NEW CLIENT PERSONAL TRAINING SPECIAL



SIX 30-minute sessions for \$125 (\$85 savings)

SIX one-hour sessions for \$199 (\$100 savings)

Offer available to new training clients only

Package includes Fitness Assessment and six training sessions with a certified Personal Trainer

PERSONALIZED WORKOUT PROGRAMS

Our trainers design workouts to specifically accommodate the personal needs, abilities and unique goals of their clients.

ONE-ON-ONE SUPERVISION

Each client receives one-on-one attention from their trainer to ensure the most productive workout.

For more information, email healthplace@wellstar.org or highlandathleticclub@wellstar.org

Offer not valid with any other discount

Scan the QR code below to sign up for Personal Training: